

Area Agency on Aging Region X Menu Plan

Dec-25

Monday	Tuesday	Wednesday	Thursday	Friday
1-Dec	2-Dec	3-Dec	4-Dec	5-Dec
Hamburger Stew w/ Carrots, Corn, Green Beans, Peas Dark Green Leafy Salad w/ Spinach Wheat Roll Warm Spiced Pineapple Coffee/Tea/Milk	Chicken and Stuffing Casserole Roasted Potatoes Mixed Vegetables Rosie Applesauce Wheat Roll Coffee/Tea/Milk	Sloppy Joe on Bun Potato Salad Coleslaw Fruit Cocktail Ice Cream Bar Coffee/Tea/Milk	BBQ Pork Riblet Bun Baked Potato w/ sour cream Roasted Broccoli Peaches Coffee/Tea/Milk	Taco Salad meat cheese beans Lettuce & Tomatoes Pineapple Tostitos Pudding Coffee/Tea/Milk
8-Dec	9-Dec	10-Dec	11-Dec	12-Dec
Fried Fish Filet Buttered Corn Spinach Wheat Bread Tropical Fruit Coffee/Tea/Milk	Meatloaf w/ Ketchup Mashed Potatoes w/ Gravy Candied Carrots Apricots Wheat Roll Coffee/Tea/Milk	Ham and Beans Roasted Potatoes Spinach Cornbread Brownie Coffee/Tea/Milk	Spaghetti Red w/ diced pickle and onion Dark Green Leafy Salad w/ Spinach Mixed Vegetables Crackers Peaches Coffee/Tea/Milk	Cooks Choice Coffee/Tea/Milk
15-Dec	16-Dec	17-Dec	Birthday Dinner 18 Dec	19-Dec
Chicken Alfredo w/ Linguini Broccoli Garlic Bread Dark Green Leafy Salad Sliced Pears Coffee/Tea/Milk	Beef Enchiladas Casserole Lettuce, Tomatoes, and Onion Refried Beans Spanish Rice Pineapple Coffee/Tea/Milk	Hot Dog w/ chili & cheese Bun Coleslaw French Fries Tropical Fruit Coffee/Tea/Milk	Lasagna Green Beans Dark Green Leafy Salad Garlic Bread Cake W/ Strawberries Coffee/Tea/Milk	Frito Chili Pie Buttered Corn Dark Green Leafy Salad/Spinach Orange Jello w Fruit Coffee/Tea/Milk
22-Dec	23-Dec	24-Dec	25-Dec	26-Dec
Chinese Lemon Chicken Oriental Rice Oriental Vegetables Egg Roll Mandarin Oranges/ Fortune Cookie Coffee/Tea/Milk	Salisbury Steak w/ Caramelized Onions Mashed Potatoes w/ Gravy Carrots Tropical Fruit Wheat Roll Coffee/Tea/Milk	Baked Ham Sweet Potatoes Green Bean Casserole Wheat Roll Pecan Pie Coffee/Tea/Milk	Merry Christmas Coffee/Tea/Milk	Cooks Choice Coffee/Tea/Milk
29-Dec	30-Dec	31-Dec		
Chicken Pot Pie Mixed Vegetables Harvard Beets Wheat Roll Pears Coffee/Tea/Milk	Spaghetti w/ Meat Sauce Dark Green Leafy Salad Green Beans Ice Cream Garlic Bread Coffee/Tea/Milk	Creamy Potato Soup Hot Ham & Cheese Sandwich Dark Green Leafy Salad Warm Spiced Peaches Coffee/Tea/Milk		Coffee/Tea/Milk